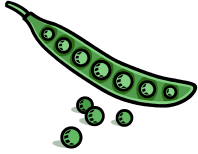


## December 2015 Peas and Carrots

Provided by the Indiana FSSA's Division of Aging



“ Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire, it is the time for home.”

Edith Sittwel



### December Special Days (Who Knew?)

**December 1st : Rosa Parks Day** - Rosa Louise Parks was nationally recognized as the “mother of the modern day civil rights movement” in America. Her refusal to surrender her seat to a white male passenger on a Montgomery, Alabama bus, December 1, 1955, triggered a wave of protest December 5, 1955 that reverberated throughout the United States. Her quiet courageous act changed America, its view of black people and redirected the course of history.

**December 7th:** Pearl Harbor Remembrance Day—The attack on Pearl Harbor was a surprise military strike by the Imperial Japanese Navy against the United States naval base at Pearl Harbor, in the United States Territory of Hawaii, on the morning of December 7, 1941. The attack led to the United States entry into World War II.

**December 25th: Christmas Day** - Christmas Day is an annual festival commemorating the birth of Jesus Christ, observed most commonly on December 25 as a religious and cultural celebration among billions of people around the world. The celebratory customs associated in various countries with Christmas have a mix of Christian and secular themes and origins. Popular modern customs of the holiday include gift giving, Christmas music and caroling, an exchange of Christmas cards, church services, a special meal, and the display of various Christmas decorations.

### WINTER WONDERLAND

S N S K P M N T R Z T W D S M  
G I N G E R B R E A D F A B M  
D A C V N S T A R G M M I I T  
W E M O W I G D N X T B S G N  
R U C S M I K I O S O T I C E  
E T K O V E R C I V L S Y A M  
A O J I R A N R O E T S B N A  
T Y N W H A H T T T Y O K D N  
H G I S E C T O B K S C Z Y R  
W Z W E Y J E I A T N A S C O  
S Q E R V R U D O L P H G A C  
O R R S E N O C E N I P L N S  
T E O E K L L E P N S L L E C  
M K K S X K F I L Q T X E S Y  
J A Z I Y N G N O K U T B P G

TOY  
DECORATIONS  
GINGERBREAD  
MISTLETOE  
RUDOLPH  
STAR  
TREE  
CANDY CANES  
ELF  
GIVING  
ORNAMENT  
SANTA  
STOCKINGS  
WREATH  
GIFT  
MERRY CHRISTMAS

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# Strawberry Santa Hat Brownies



## Strawberry Santa Hat Brownies Recipe

### Ingredients

20 Strawberries, washed, top cut off & hulled (taking the white inside part out from the top)

1 box brownie mix

For the white butter cream icing: 4 cups powdered sugar, 1 stick(1/2 cup) unsalted butter at room temperature,  
1/4 cup milk, 1 teaspoon vanilla extract

### Recipe

1. Make the brownies according to the package directions.
2. Make the butter cream icing by first beating the butter until smooth and then mixing all the ingredients together. If you need to add more liquid, add milk a teaspoon at a time until the consistency is just right.
3. Cut out your brownies with a 1 inch circle cookie cutter. I used a pastry bag to pipe the icing onto the brownie circles and then top with a strawberry. Cut out the strawberries center so they are light and that the icing has some place to go into once the strawberry is placed on top.
4. Put a little dab of the icing on the top to finish off the “hat” Enjoy!